



General Program

Tuesday 18 March 2025

Arrival of Delegations

Wednesday 19 March 2025

Arrival of Delegations

14.00-20.00 Official Training

Thursday 20 March 2025

08.00 - 22.30 Official Training

12.30 – 14.00 Press Conference

17.30 - 18.30 Orientation Meeting

18.30 - 20.00 Judges Drawing

21.00 Official Dinner for Judges and Head of Delegations

Friday 21 March 2025

08.30-14.45 Individual Competition **FIG JUNIORS: Hoop-Ball**

14.45-15.15 **Break**

15.15-16.20 Group Competition **FIG JUNIORS: 5 Pairs Clubs**

16.20-16.30 **Break**

16.30-16.45 Group competition **FIG SENIORS: 5 Ribbons**

16.45-16.50 **Break**

16.50-18:10 Individual Competition **FIG SENIORS: Hoop-Ball**

18.15-18.45 **OPENING CEREMONY**

18.45-22.35 Individual Competition **FIG SENIORS: Hoop-Ball**

Saturday 22 March 2025

08.30-14.50 Individual Competition **FIG JUNIORS: Clubs-Ribbon**

14.50-15.20 **Break**

15.20-16.25 Group Competition **FIG JUNIORS: 5 Hoops**

16.25-16.30 **Break**

16.30-16.45 Group Competition **FIG SENIORS: 3 Balls & 2 Hoops**

16.45-16.55 **Break**

16.55-22.25 Individual Competition **FIG SENIORS: Clubs-Ribbons**

Sunday 23 March 2025

09.30-13.00 Visit to Acropolis (museum & archaeological site)

Visit to Temple of Poseidon in Cape Sounion

13.00-14.36 Juniors Individual **Finals: Hoop**

Seniors Individual **Finals: Hoop**

Juniors Individual **Finals: Ball**

Seniors Individual **Finals: Ball**

14.36-14.45 **Break**

14.45-15.15 Group Juniors **Finals: 5 Pairs Clubs**

APHRODITE CUP



15.15-15.20	Break
15.20-15.40	Group Seniors Competition Finals: 5 Ribbons
15.40-15.50	Break
15.50-17.26	Juniors' Individual Competition Finals: Clubs Seniors' Individual Competition Finals: Clubs Juniors' Individual Competition Finals: Ribbon Seniors' Individual Competition Finals: Ribbon
17.26-17.35	Break
17.35-18.05	Group Juniors Competition Finals: 5 Hoops
18.05-18.10	Break
18.10-18.30	Group Seniors' Competition Finals: 3 Balls + 2 Hoops
18.30-19.40	AWARD CEREMONIES Juniors All Around Individual (age 14) Juniors All Around Individual (age 15) Juniors' Individual Finals: Hoop Juniors' Individual Finals: Ball Juniors' Individual Finals: Clubs Juniors' Individual Finals: Ribbon All Around Group Juniors Juniors Group Finals: 5 Pairs clubs Juniors Group Finals: 5 Hoops Seniors All Around Individual Seniors' Individual Finals: Hoop Seniors' Individual Finals: Ball Seniors' Individual Finals: Clubs Seniors' Individual Finals: Ribbon All Around Group Seniors Seniors Group Finals: 5 Ribbons Seniors Group Finals: 3 Balls + 2 Hoops
19.40 – 20.00	GALA
20.00 – 20.20	Closing Ceremony
Monday 24 March 2025	
Departure of Delegations	