



# FIG World Cup



## RHYTHMIC GYMNASTICS

### PALAIIO FALIRO | 2022

# 18-20

## Μαρτίου

## March

# WORK PLAN



ΣΥΝΔΙΟΡΓΑΝΩΣΗ  
CO-ORGANIZED BY



Municipality  
of Palaio Faliro



VERSION

11.03.2022 | Vs1

ΘΕΣΜΙΚΟΙ ΥΠΟΣΤΗΡΙΚΤΕΣ  
STATE PARTNERS



ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ  
ΠΕΡΙΦΕΡΕΙΑ ΑΤΤΙΚΗΣ  
HELLENIC REPUBLIC  
REGION OF ATTICA



ΕΤΑΙΡΙΑ ΑΚΙΝΗΤΩΝ ΔΗΜΟΣΙΟΥ (ΕΤΑΔ) Α.Ε.  
HELLENIC PUBLIC PROPERTIES COMPANY (HPPC) S.A.

ΥΠΟ ΤΗΝ ΑΙΓΙΔΑ  
UNDER THE AUSPICES



ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ  
ΥΠΟΥΡΓΕΙΟ ΠΟΛΙΤΙΣΜΟΥ ΚΑΙ ΑΘΛΗΤΙΣΜΟΥ  
ΓΕΝΙΚΗ ΓΡΑΜΜΑΤΕΙΑ ΑΘΛΗΤΙΣΜΟΥ



ΚΟΙΝΩΝΙΚΟΣ ΕΤΑΙΡΟΣ  
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SUPPORTERS



Environmental Alliance 2004+

## **1. Fédération Internationale de Gymnastique (FIG)**

Contact Person: Sylvie Martinet

Avenue de la Gare 12

1003 Lausanne - Switzerland

Tel: +41 (0) 21 321 55 10 / Direct +41 (0) 21 321 55 15

e-mail: [smartinet@fig-gymnastics.org](mailto:smartinet@fig-gymnastics.org) website: [www.gymnastics.sport](http://www.gymnastics.sport)

**FIG Technical Delegate:** Ms. Isabell Sawade

**FIG Assistant Technical Delegate:** Ms. Marie Margrete Moltubakk

## **2. Host Federation - LOC - HELLENIC GYMNASTICS FEDERATION**

37 Kifissias Ave., OAKA, EKAE Building (Former Athlete's Guesthouse) Opposite Fire Station  
Station, 15123 Marousi

Tel: 0030 210 9882458

Fax: 0030 210 9887329

Email: [ego@otenet.gr](mailto:ego@otenet.gr) website: [www.ego-gymnastics.gr](http://www.ego-gymnastics.gr)

## LOC's Structure

Function	Full name
OC President	Athanasios STATHOPOULOS, President of Hellenic Gymnastics Federation
OC Members	Georgios PATOULIS, Regional Governor of Attica Ioannis FOSTIROPOULOS, Mayor of Palaio Faliro Kostas PANTAZIS, Secretary General of Hellenic Gymnastic Federation
EC President	Eleni MICHOPOULOU, Board Member of Hellenic Gymnastics Federation
EC Deputy President	Eirini AINDILI, 1 <sup>st</sup> Vice President of Hellenic Gymnastics Federation & RG TC President
Event Director	Harris SPILIAKOS
Competition Manager	Tzeni PAPAPOPOULOU
Venue Manager	Tota GKOLFINOPOULOU
Venue Technology Manager	Thodoris VOUTSINAS
Assistant Venue Manager	Panagiotis TZERAVINIS
Assistant Competition Manager	Eleni CHRONOPOULOU
Competition Secretariat	Theodora CHRONOPOULOU
Sport Results Manager	Andreas PAPAGEORGIOU
FoP Coordinator	Elina PAVLI
Warming Up Coordinator	Maria ANDROPOULOU
Administration Manager	Sophia MODE
Finance Manager	Argyris RIGOPOULOS
Procurement Manager	Eleni SIOUSIOURA
Volunteers Manager	Christina TSAGDI & Eleni FOUFRI
Event Secretariat	Panagiota-Peggy MARINOU
Sport Presentation	Edie DIAMANTOPOULOS
Press Officer	Stelios KARAOGLANIDIS
Broadcasting Manager	Zeta THEODORAKOPOULOU
Assistant Press Officer	Vassilis GEORGIOTIS
Accommodation Manager	Miranta PACHNOU
Accreditation Manager	Alexandra VOUGIOUKA
Sport Equipment Coordinator	Nikos BOURDANIOTIS
Safeguard Officer	Varvara MAGNISALI
Medical Services Manager	Zaira SYMEONIDOU
Medical Services Coordinator	Triantafyllos MANOUSOS
Physiotherapist	Michalis KALLINDERIS
Cleaning & Waste	Contractor
Catering	Contractor



## 5. Competition Schedule

DATE-TIME	DESCRIPTION	LOCATION
<b>WED.16 March</b> <i>As announced</i>	<i>Official arrival day of Delegations for RGI and RGG competitions</i>	
<b>THU.17 March</b> 08:00 – 21:00	Training and Podium training for RGI and RGG as per schedule	Tae Kwon Do
09:00 – 10:00	Draw for D-Judges for RGI and RGG Qualifications followed by	Judges' Meeting Room
10:00 – 13:00	Judges' Instruction for RGI and RGG Judges	Judges' Meeting Room
13:00 – 13:30	Scoring System Instruction for RGI and RGG Judges	Judges' Meeting Room
15:00 – 18:00	Judges' Instruction for RGI and RGG Judges	Judges' Meeting Room
<b>19:00 – 20:00</b>	<b>Orientation Meeting for RGI and RGG Competitions</b>	Orientation Meeting Room
<b>FRI.18 March</b> 08:00 – 14:00	Training for RGI and RGG as per schedules	Tae Kwon Do
14:00 – 15:00	Draw for E/A/T/L/R Judges and briefing for RGI Qualifications Hoop-Ball and RGG Qualifications 5 Hoops	Judges' Meeting Room
<b>15:00 – 16:30</b>	<b>RGI Qualifications Hoop and Ball – Group A – alternatively</b>	FoP
<b>16:45 – 18:15</b>	<b>RGI Qualifications Hoop and Ball – Group B – alternatively</b>	FoP
18:30 – 19:00	Opening Ceremony	FoP
<b>19:00 – 19:35</b>	<b>RGG Qualifications 5 Hoops</b>	FoP
<b>SAT.19 March</b> 08:00 – 14:00	Training for RGI and RGG as per schedules	Tae Kwon Do
14:00 – 15:00	Draw for E/A/T/L/R Judges and briefing for RGI Qualifications Clubs & Ribbon and RGG Qualifications 3 Ribbons + 2 Balls	Judges' Meeting Room
<b>15:00 – 16:30</b>	<b>RGI Qualifications Clubs and Ribbon – Group B – alternatively</b>	FoP
<b>16:45 – 18:15</b>	<b>RGI Qualifications Clubs and Ribbon – Group A – alternatively</b>	FoP
<b>18:45 – 19:20</b>	<b>RGG Qualifications 3 Ribbons + 2 Balls</b>	FoP
19:30	Award Ceremony for All-Around RGI and RGG	FoP
<b>SUN.20 March</b> 09:30 – 13:00	Visit to Acropolis (museum & archaeological site)	Judges' Meeting Room
14:00 – 14:50	Draw for D/E/A/T/L/R Judges and briefing for RGI and RGG Apparatus Finals	Judges' Meeting Room
<b>15:00 – 15:32</b>	<b>RGI Hoop Final</b>	FoP
<b>15:37 – 16:09</b>	<b>RGI Ball Final</b>	FoP
<b>16:14 – 16:54</b>	<b>RGG 5 Hoops Final</b>	FoP
17:00 – 17:30	Award Ceremonies for RGI Hoop, RGI Ball and RGG 5 Hoops	FoP
<b>17:30 – 18:02</b>	<b>RGI Clubs Final</b>	FoP
<b>18:06 – 18:46</b>	<b>RGI Ribbon Final</b>	FoP
<b>18:51 – 19:31</b>	<b>RGG 3 Ribbons + 2 Balls Final</b>	FoP
19:36 – 20:06	Award Ceremony for RGI Clubs, RGI Ribbon and RGG 3+2	FoP
20:06 – 20:25	Closing Ceremony	FoP

## ORGANIZED BY



## CO-ORGANIZED BY



Municipality of Palaio Faliro

## STATE PARTNERS



ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ  
ΠΕΡΙΦΕΡΕΙΑ ΑΤΤΙΚΗΣ  
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ΓΕΝΙΚΗ ΓΡΑΜΜΑΤΕΙΑ ΑΘΛΗΤΙΣΜΟΥ



## SOCIAL PARTNER



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## SUPPORTERS



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## 6. Accreditation

Accreditation Center is located within the competition venue. Maximum 2 responsible persons from each delegation shall be present at the accreditation center where they will be requested to:

- present to the LOC a valid passport of all Delegation members for proof of identity and control of Nationality
- present to the LOC the gymnasts' valid FIG License for further age control and anti-doping purposes
- check the correct names of their complete Delegation
- settlement of any pending financial obligation
- show proof of valid insurance policy in English
- verify the return flight schedules
- return completed the health-statement forms for all participants – appendix 1
- return completed the relevant form in case of PCR/Rapid tests needed for departure – appendix 2
- return completed the relevant form for HoD's (or his/her representative) contact details onsite – appendix 3
- confirm the accuracy of the Music, uploaded on the LOC digital platform – appendix 4
- confirm their national flag and anthem
- and optionally register for sightseeing – appendix 5

**Important note:** All NFs that haven't already sent to LOC digital photo of their delegation members via email (ego@otenet.gr) are requested to do so by Wednesday, 9<sup>th</sup> of March 2022 (for the use of accreditation). If they don't, they will receive accreditation with no photo.

## 7. Orientation Meeting

The Orientation Meeting, limited for one person per NF, the Head of Delegation or his/her representative. It will take place inside the Competition Venue (Faliro Olympic Indoor Hall – Olympic Tae Kwon Do Stadium) on Thursday, 17<sup>th</sup> of March 2022 at 19:00.

## 8. Ceremonies

### 8.1 Opening Ceremony

- The Opening Ceremony will take place on Friday, 18<sup>th</sup> of March 2022, at 18:30 in the Competition Venue.
- Gymnasts will not be participating in the flags' parade.

### 8.2 Award Ceremonies

- According to the LOC Protocol related to Covid-19 regulations, the medals will be presented to the gymnasts on the podium (the gymnasts will take the medals from a tray by themselves). All gymnasts shall be present in the training FOP floor 30' (minutes) before the scheduled Award Ceremony time.
- The gymnasts must wear their national track suit for the Award Ceremonies.
- *The national flags of the best 3 individual gymnasts, groups will be presented digitally.*

### 8.3 Closing Ceremony

- The Closing Ceremony will take place on Sunday, 20<sup>th</sup> of March 2022, at 19:30.

- Gymnasts will not be participating in the flags' parade.

## 9. Apparatus Control

- The hand apparatus with valid certificates are published on the FIG website and updated regularly.
- Make sure that your gymnasts use only FIG certified hand apparatus for this event and for any other FIG recognized competitions.
- Random checks will be carried out throughout the event by a representative of FIG. They will take place during each podium training session. Gymnasts will not be allowed to compete with apparatus which does not comply with the norms.

## 10. Medical Services

- A medical room will be operating in the competition venue starting from Wednesday 16<sup>th</sup> of March 2022, during all training and competition hours.
- An ambulance will be on call in close distance to the venue during training and competition hours.

Official Hospital:

**Iatriko, Palaio Faliro**

36 Areos str. 17562 Palaio falirou

tel.: (+30) 210 9892100

Website: [www.iatrikofalirou.gr](http://www.iatrikofalirou.gr)

Email: [Ep.faliro@iatriko.gr](mailto:Ep.faliro@iatriko.gr)

## 11. Safeguarding Officer

Dr. Varvara Magnisali

mobile number: 0030 6971 9676 95

email: [safeguarding.wcaphrodite@gmail.com](mailto:safeguarding.wcaphrodite@gmail.com)

From the official date of arrival until the official day of departure of the event, participants (gymnasts, coaches, judges and any other delegation members) have the opportunity to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment or abuse of any type or if they are worried or do not feel comfortable.

## 12. Covid-19 Guidelines

The Event will be held following all requirements and measures advised by the International Gymnastics Federation and the Hellenic Authorities. Furthermore, detailed Covid-19 Guidelines for the Event, approved by the Health Committee of the General Secretariat of Sports, have been issued and are available in official website of the event (click [here](#)).

All individuals entering the competition venue must wear masks throughout the entire event (except for gymnasts while they are performing at the training venue or at the FOP), while antiseptic liquid solutions will



be available in all areas. Detailed procedures will be applied when entering the competition venue, as described in the event's Covid-19 Guidelines.

### **13. Judges' Panel**

According to the valid FIG/TR, the composition of the judges' panel is as follows:

- D Panel
  - Subgroup 1: 2 judges DB1, DB2 (Body Difficulty)
  - Subgroup 2: 2 judges DA1, DA2 (Apparatus Difficulty)
- A panel
  - 4 judges A1, A2, A3, A4 (Artistic Faults)
- E panel
  - 4 judges E1, E2, E3, E4 (Technical Faults)

There will be 1 Judges' Panels.

### **14. Scoring & Distribution of Results**

Results will be operated electronically. The announcement of the results for each gymnast will be appear on the score boards in the Field of Play.

The results reports will be available online, on the web (click [here](#)).

### **15. Kiss & Cry area (zone 1)**

All gymnasts are kindly requested to wait for their scores at the Kiss & Cry area accompanied by one (1) coach max. for the individuals and two (2) coaches max. for the groups, especially during Finals on Sunday 20<sup>th</sup>, March 2022.

### **16. Inquiries**

Inquiries for the Difficulty score are allowed Aa per Art. 8.5 of the TR, provided that they are made verbally immediately after the publication of the score or at the very latest before the score of the following gymnast or group is shown.

For the last gymnast or group of a rotation, this limit is one (1) minute after the score is shown on the scoreboard.

Only the accredited coaches in the competition area are entitled to submit an inquiry.

Since in Rhythmic Gymnastics the D-score is divided into two sub-groups - Difficulty Body (DB) and Difficulty Apparatus (DA), each sub-groups is considered as a distinct score and must be challenged separately (either DB and DA or only DB or DA). Thus, if DB and DA of the same routine are challenged, the coach has to submit two inquiries with the respective forms. DB will be considered as first inquiry, DA as second inquiry.

## **17. Transportation**

Shuttle Bus Services **will be available:**

- From/to the Airport to/from the Hotels.
- Between Official Hotels-Competition Venue

Detailed information will be available on the official website of the event.

## **18. Official Hotels**

### **Athens Marriott Hotel\*\*\*\*\***

385 Andrea Sygrou Avenue,  
17564, Palaio Faliro  
phone number: +302109471000  
website: [www.marriothotel.gr](http://www.marriothotel.gr)

### **Coral Hotel\*\*\*\***

35 Poseidonos Avenue, Paleo Faliro  
175 61 Athens  
phone number: 0030 21 0981 6441  
website: [www.coralhotel.gr](http://www.coralhotel.gr)

## **19. Info Desk**

The Info Desk is found in the Competition Venue at the Gymnasts entrance. Personnel and volunteers will be at your disposal to answer your questions.

For every potential issue/request/question the volunteers at the Info Desk will be happy to guide you through.

### Operating Hours:

From Thursday, 17<sup>th</sup> to Sunday, 20<sup>th</sup> of March 2022, between 08:00am and end of competition.

## **20. Lost & Found**

The Lost & Found Office is located in the Competition Venue by the Info Desk.

## **21. WhatsApp Communication**

The LOC will create a WhatsApp group with the info submitted for onsite contact to better facilitate the transmission of useful data to all delegations.

## 22. Acropolis and Cape Sounio sight visit \* (optional)

There are two sightseeing options on **Sunday, 20<sup>th</sup> of March 2022**. **Two different busses will depart at 09:30am** from the Hotel, in order to take you either to the Acropolis Archaeological Site or the Cape Sounio (Poseidon Temple).

Both sightseeing tours will end at about 12:30.

**In case you wish to participate in any of these two sightseeing tours**, you need to fill in the appropriate form (appendix 8).

**Sightseeing Fee (per person):** Acropolis Area, €10,00\*  
Cape Sounio, €25,00\*

\*Please note that entrance tickets to archaeological sites are not included in the above-mentioned fees

## 23. Banquet

A Banquet will be offered complimentary to all Delegation Members. It will take place at a restaurant in Flisvos Park on Sunday, 20<sup>th</sup> of March 2022, at 21:00.

## 24. Useful General Information

### Power supply:

Voltage: 230V

Frequency: 50Hz

Socket: Type C & F



**Dialing Code for Greece:** +30

**Time during the event:** EET (Eastern European Time) UTC/GMT +2 hours

### Average weather in Athens during March:

Maximum Temperature: 16°C / 60°F

Minimum Temperature: 10°C / 50° F

Rainy Days: 12

Snowy Days: 0

Dry Days: 19

Rainfall: 34mm

Sun Hours: 8 hours

**Sites for visiting within walking distance from the Hotels and Competition Venue**

- Market of Palaio Faliro
- Parko Flisvou at the Coastal Zone ([www.palaiofaliro.gr](http://www.palaiofaliro.gr))
- Marina Flisvou ([www.flisvosmarina.gr](http://www.flisvosmarina.gr))
- WW1 War Ship AVEROF ([www.averof.mil.gr](http://www.averof.mil.gr))
- Stavros Niarchos Foundation Cultural Center ([www.snf.org](http://www.snf.org))

**Social Media**

World Cup Facebook page: <https://www.facebook.com/rgworldcupathens/>

World Cup Instagram page: <https://www.instagram.com/rgworldcupathens/@rgworldcupathens>

World Cup hashtags: #rgworldcupathens #rgworldcupgreece

**Emergency numbers**

Emergency	112
Ambulance	166
Fire Service	199
Police	100
Coast Guard	108
Tourist Police	171