



Aphrodite Cup 2022

update 17/2/2022

7th International Tournament Rhythmic Gymnastics, Palaio Faliro

COMPETITION SCHEDULE

FRIDAY 11 MARCH 2022

FIG COMPETITION

09.30 – 10.50:	Juniors' Individual competition Group A : Hoop - Ball
10.50 – 11.05:	Break
11.05 – 12.30:	Juniors' Individual competition Group B : Hoop - Ball
12.30 – 12.45:	Break
12.45 – 14.10:	Juniors' Individual competition Group C : Hoop - Ball
14.10 – 14.40:	Break-Lunch
14.40 – 16.05:	Juniors' Individual competition Group D : Hoop - Ball
16.05 – 16.20:	Break
16.20 – 17.45	Junior' Individual competition Group E : Hoop - Ball
18.00 – 18.30:	Opening Ceremony
18.30 – 18.50:	Group Seniors' competition: 5 Hoops
18.50 – 19.00:	Break
19.00 – 20.00	Seniors' Individual competition Group A: Hoop – Ball
20.00 – 20.15	Break
20.15 - 21.20	Seniors' Individual competition Group B: Hoop - Ball



SATURDAY 12 MARCH 2022

FIG COMPETITION

- 09.30 – 10.50:** Juniors' Individual competition **Group C:** Clubs - Ribbon
- 10.50 – 11.05:** **Break**
- 11.05 – 12.30:** Juniors' Individual competition **Group D:** Clubs - Ribbon
- 12.30 – 12.45:** **Break**
- 12.45 – 14.10:** Juniors' Individual competition **Group E:** Clubs - Ribbon
- 14.10 – 14.40:** **Break-Lunch**
- 14.40 – 16.05:** Juniors' Individual competition **Group A:** Clubs - Ribbon
- 16.05 – 16.20:** **Break**
- 16.20 – 17.45** Junior' Individual competition **Group B:** Clubs - Ribbon
- 18.00 – 18.30:** **AWARD CEREMONIES**

Juniors All Around Individual (age 13)
Juniors All Around Individual (age 14)
Juniors All Around Individual (age 15)

- 18.30 – 18.50:** Group Seniors' competition: 3 Ribbons + 2 Balls
- 18.50 – 19.00:** **Break**
- 19.00 – 20.00** Seniors' Individual competition **Group B:** Clubs - Ribbon
- 20.00 – 20.15** **Break**
- 20.15 - 21.20** Seniors' Individual competition **Group A:** Clubs - Ribbon

21.20 – 21.40 **AWARD CEREMONIES**

All Around Group Seniors
All Around Seniors Individual



SUNDAY 13 MARCH 2022

- 14.30 – 15.21:** Juniors' Individual Competition Finals: Hoop
Juniors' Individual Competition Finals: Ball
- 15.25 – 16.16:** Seniors' Individual Competition Finals: Hoop
Seniors' Individual Competition Finals: Ball
- 16.25 – 16.55** Group Seniors' Competition Finals: 5 Hoops
- 17.00 – 17.30** **AWARD CEREMONIES FINALS COMPETITION**
Juniors' Individual Finals: Hoop
Juniors' Individual Finals: Ball
Seniors' Individual Finals: Hoop
Seniors' Individual Finals: Ball
Seniors Group Finals: 5 Hoops
- 17.30 – 18.21** Juniors' Individual Competition Finals: Clubs
Juniors' Individual Competition Finals: Ribbon
- 18.25 – 19.16** Seniors' Individual Competition Finals: Clubs
Seniors' Individual Competition Finals: Ribbon
- 19.21 – 19.51** Group Seniors' Competition Finals: 3 Ribbons + 2 Balls
- 19.55 – 20.25** **AWARD CEREMONIES FINALS COMPETITION**
Juniors' Individual Finals: Clubs
Juniors' Individual Finals: Ribbon
Seniors' Individual Finals: Clubs
Seniors' Individual Finals: Ribbon
Seniors Group Finals: 3 Ribbons + 2 Balls
- 20.25 – 21.00** Closing Ceremony