



TRAINING SCHEDULE WEDNESDAY 14/3/18

| | | | 40' | 30' | 30' | 30' | |
|--|-----|----------------------------|-------------|-------------|-------------|-------------|-------------|
| | FED | CLUB | WARM UP | Floor 3 | Floor 2 | Floor 1 | FOP |
| | MAS | MALAYSIA | 08:40-09:20 | 09:25-09:55 | 09:56-10:26 | 10:27-10:57 | 11:00-11:59 |
| | MAS | MALAYSIA RG CLUB | 08:40-09:20 | 09:25-09:55 | 09:56-10:26 | 10:27-10:57 | 11:00-11:59 |
| | GRE | GC FERENIKI | 09:40-10:20 | 10:25-10:55 | 10:56-11:26 | 11:27-11:57 | 12:00-12:18 |
| | GRE | SFIGA | 09:40-10:20 | 10:25-10:55 | 10:56-11:26 | 11:27-11:57 | 12:00-12:18 |
| | GRE | AS RYTHMOS KAI KINISI | 09:59-10:39 | 10:44-11:14 | 11:15-11:45 | 11:46-12:16 | 12:19-12:49 |
| | GRE | AS NIKI ERYTHREAS | 09:59-10:39 | 10:44-11:14 | 11:15-11:45 | 11:46-12:16 | 12:19-12:49 |
| | GRE | SFIGMOS | 10:30-11:10 | 11:15-11:45 | 11:46-12:16 | 12:17-12:47 | 12:50-13:20 |
| | GRE | AES ENOSI GALATSIU | 10:30-11:10 | 11:15-11:45 | 11:46-12:16 | 12:17-12:47 | 12:50-13:20 |
| | GRE | FILATHLITIKOS KALITHEAS | 11:01-11:41 | 11:46-12:16 | 12:17-12:47 | 12:48-13:18 | 13:21-13:48 |
| | GRE | ASOX ATHINA | 11:01-11:41 | 11:46-12:16 | 12:17-12:47 | 12:48-13:18 | 13:21-13:48 |
| | GRE | AO PALMOS ARGYROUPOLIS | 11:01-11:41 | 11:46-12:16 | 12:17-12:47 | 12:48-13:18 | 13:21-13:48 |
| | GRE | A.S. EIRINI HALKIDAS | 11:27-12:07 | 12:12-12:42 | 12:43-13:13 | 13:14-13:44 | 13:49-14:16 |
| | GRE | AO ATHLOKINISI CHALANDRIOU | 11:27-12:07 | 12:12-12:42 | 12:43-13:13 | 13:14-13:44 | 13:49-14:16 |
| | GRE | GAS HOLARGOS | 11:57-12:37 | 12:42-13:12 | 13:13-13:43 | 13:44-14:14 | 14:17-14:38 |
| | GRE | GC ARETI CHALKICAS | 11:57-12:37 | 12:42-13:12 | 13:13-13:43 | 13:44-14:14 | 14:17-14:38 |
| | GRE | DAO KAMATEROU | 12:19-12:59 | 13:04-13:34 | 13:35-14:05 | 14:06-14:36 | 14:39-14:54 |
| | GRE | OFAFA MEGARA | 12:19-12:59 | 13:04-13:34 | 13:35-14:05 | 14:06-14:36 | 14:39-14:54 |
| | GRE | GAS EVIAS | 12:19-12:59 | 13:04-13:34 | 13:35-14:05 | 14:06-14:36 | 14:39-14:54 |
| | GRE | DAS DRAPETSONAS | 12:40-13:20 | 13:25-13:55 | 13:56-14:26 | 14:27-14:57 | 15:00-15:35 |
| | GRE | AS IETION DRAPETSONAS | 12:40-13:20 | 13:25-13:55 | 13:56-14:26 | 14:27-14:57 | 15:00-15:35 |
| | GRE | AS EVRITHIMIA DRAPETSONAS | 12:40-13:20 | 13:25-13:55 | 13:56-14:26 | 14:27-14:57 | 15:00-15:35 |
| | CAN | KANATA RG | 13:16-13:56 | 14:01-14:31 | 14:32-15:02 | 15:03-15:33 | 15:36-16:21 |
| | CAN | MISSISSAUGA NEWNORTH | 13:16-13:56 | 14:01-14:31 | 14:32-15:02 | 15:03-15:33 | 15:36-16:21 |

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|--|-----|-------------------------|-------------|-------------|-------------|-------------|-------------|
| | CAN | JUSCO RGC | 14:02-14:42 | 14:47-15:17 | 15:18-15:48 | 15:49-16:19 | 16:22-16:54 |
| | CAN | AURA RHYTHMICS | 14:35-15:15 | 15:20-15:50 | 15:51-16:21 | 16:22-16:52 | 16:55-17:16 |
| | GRE | APS OLYMPIAKOS RYTHMOS | 14:57-15:37 | 15:42-16:12 | 16:13-16:43 | 16:44-17:14 | 17:17-17:38 |
| | UKR | CHERNOMORETS | 14:57-15:37 | 15:42-16:12 | 16:13-16:43 | 16:44-17:14 | 17:17-17:38 |
| | GRE | HELLENIC GYM FEDERATION | 15:21-16:01 | 16:06-16:36 | 16:37-17:07 | 17:08-17:38 | 17:39-19:00 |

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